

“I suffered from a congested nose for many years and had tried a number of different treatment methods without any success. After receiving the KOS treatment the difference was like that between night and day. It was wonderful to be able to breathe again without difficulty.”

/Alf, Stockholm, Sweden (patient)

Do you suffer from nasal congestion and constant sneezing?

We have a solution that will minimize your symptoms



Many people suffer from a congested, runny nose and frequent sneezing, a symptom called 'Rhinitis'. Rhinitis can make breathing more difficult and may disrupt your sleep which then causes increased tiredness.

Non-Allergic Rhinitis (NAR) is also a very common disease which can impact your quality of life. If left untreated, NAR can have a significant impact on your health and can be associated with other health issues such as chronic ear infection, asthma and obstructive sleep apnea (OSA).

Reasons you may start suffering from NAR vary but commonly include environmental irritants such as odors or polluted air, some medications, weather changes and certain foods.

#### Treatment of Non-Allergic Rhinitis

Treatment options for NAR range from antihistamines and corticosteroids to surgical procedures.

Antihistamines may provide you with short term relief from your symptoms but often have negative side effects including rebound nasal congestion (Rhinitis Medicamentosa).

If a surgical procedure is proposed as a suitable treatment option for you, most techniques have associated side effects such as nasal dryness and pain and in the long term they do not guarantee your NAR symptoms will not return.

**References:** <sup>1</sup>Ehnhage, A, Sahlstrand Johnsson P, et al Treatment of idiopathic rhinitis with kinetic oscillations – a multicentre randomized controlled study. ACTA OTOLARYNGOLOGICA, 2016. <sup>2</sup>Chordate Medical, data on file

#### KOS – a new treatment method for NAR

KOS is a new treatment method designed to relieve you of the symptoms of NAR. Developed by Chordate Medical, the KOS method is a patient friendly non-surgical approach which does not require an anaesthetic or medication.

KOS stands for 'Kinetic Oscillation Stimulation' – KOS stimulates the stimulates the nasal mucosa and the Autonomic Nervous System (ANS). Patients treated with the new KOS therapy have reported instant relief or reduced congestion and sneezing within just a few days. KOS has found to be effective for months following the treatment.<sup>1 2</sup> If required, the treatment can be repeated as many times as needed.

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To learn more about how KOS can help you, please visit [chordate.com](http://chordate.com)